Children's Domestic Abuse Wheel

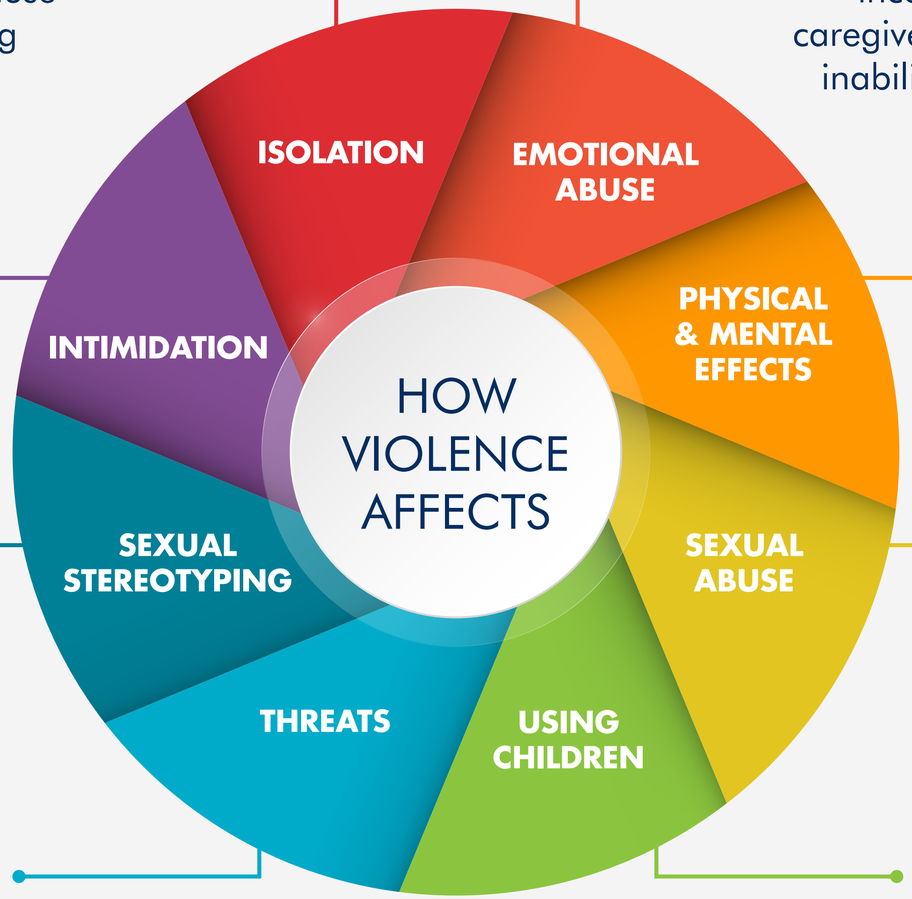
OPERATION ENCOMPASS

Inability to develop social skills, feeling alone and different, can't have friends over because of the need to hide the violence, keeping harmful secrets, not trusting adults

Doubting reality, fear of doing wrong, inconsistent limits and expectations by caregiver, fear of expressing feelings, anxious, inability to learn at school, low self-esteem

Putting children in fear by: using looks, loud actions, loud gestures, loud voice, smashing objects, destroying property, hurting family pets, fear of physical safety

Children may feel guilt and shame, think it's their fault, regress to early stages of development, become demanding or withdrawn, or crave/need attention



Copying abuser's dominant and abusive behaviour, copying victimised passive and submissive behaviour, unable to express feelings or who they are

Shame about body, feeling threatened & fearful of their sexuality, learning inappropriate sexual talk/behaviour, children having access to pornographic magazines and films

Learning to manipulate because of their own safety issues, due to effects of violence in the family, expressing anger in a way that is violent, abusive, or not expressing at all because of their own fear

Being put in the middle of fights, children may take on roles, responsibilities of parents and give up being children, children seen and not heard, children being used to solve conflicts, asking them to take sides