



Adult Social Care

Moreton & Gillingham, Dorset

Welcome!

"Welcome to EMA's Adult Social Care. I have the privilege of overseeing our day services at both the Moreton and Thorngrove sites, as well as supported living services.

I believe strongly that adult day opportunities and supported living should focus on the individual, their needs, wishes and desires for the future. With the aim of providing them with an environment where they can flourish, build meaningful relationships and gain skills that they can take into the future with confidence and independence.

Adult social care services can be a minefield for anyone but for those with additional needs it is important that they are able to feel settled and safe in whichever environment they choose. This starts with a positive transition, which I believe should be tailored to the individual and is something I have successfully implemented across both sites and within our supported living service.

I look forward to welcoming you to our services and the opportunity to extend our offer of quality support."



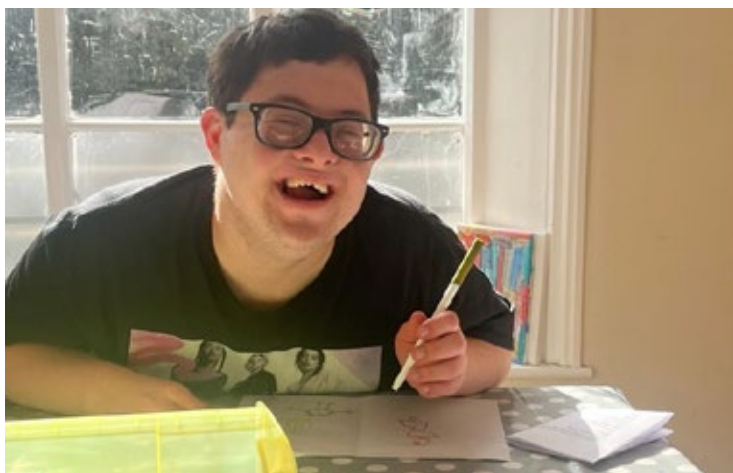
Craig Hutton
Head of Adult Social Care



Our story...

EMA first opened in 2015 providing an SEN education provision for young people, where they are firmly at the centre of building their own future. As the first cohort of students began getting ready to transition to the next step in their life, it was clear that there was a need to further extend the offer of EMA and thus our social care services were born.

This has steadily grown over the last 5 years and we currently have two day services, one operating at each site, as well as 4 established supported living services in and around Moreton. We hope to see our supported living services continue to grow so that we can extend our offer of quality support to more young people in need.



Our supported living services successfully registered with the Care Quality Commission (CQC) in 2022 which enabled us to provide further methods of support with personal care and managing medication, a huge step-forward in enabling us to provide person centred care that wasn't reliant on external provisions to provide these elements of support. Our first inspection was conducted in April of 2023, with the report being published in June 2023 with an overall rating of GOOD. Something EMA are extremely proud of and exhibits the positive support we are providing.



Supported Living

Supported living gives young people the opportunity to experience having their own home for the first time. Individuals are given the opportunity to hold their own tenancy within a shared house, providing experiences of managing a household, building new relationships and living with a new found level of independence that they may not have received living at home. We currently have four supported living services, three based in Moreton and one just outside of Dorchester, with plans to grow in the local area to continue providing quality support to more young people.

The supported living team is small and familiar, enabling individuals to build strong relationships and trust with support staff who aim to build their independence, increase local engagement and allow them to live fulfilled lives. We pride ourselves on a low staff turnover rate in a sector where this is usually exceptionally high which we believe further improves the quality of support and reduced level of change for the individuals we are supporting.



Each supported living service has a number of hours which are shared between the members of the household, this is based upon their own individual assessments and is organised between EMA and the funding authority. These hours provide a background level of support which are supplementary to any individual needs which require more intimate levels of 1:1 support.

Whilst individuals are receiving support in this way we aim to help them build skills for independence which will enable them to go on to live a bright future.

- **Cooking**
- **Cleaning**
- **Budget Management**
- **Travel**
- **Safe use of technology**
- **Managing relationships**
- **Accessing the community**

The supported living services are led by Kirstie Telfer, Care Manager. Each property also has a senior support worker who is the main contact for individuals, staff and family members for that service. This provides a strong level of oversight but also reassurance that someone is always on hand for support should it be required.







Day Services

EMA's day services offer the opportunity for individuals to attend from 1-5 days per week. The aim being to provide individuals with opportunities they may otherwise have limited access to as well as building necessary life-skills and work-based skills dependent on their own needs, wishes and goals.

Moreton, near Dorchester

The Moreton day service is run from a building that forms a major part of Moreton's history and offers various activities to keep individuals engaged. These include; life skills, sailing, boxing, swimming, ball-games, crafts, cooking and days out to various places, which are planned alongside those whom attend to meet their individual interests. We also encourage attendees to partake in enterprise activities in which they are supported to plan, cost and complete a project with the aim of selling items to make a profit and fund further projects. This is a new element to the service and this year has seen the attendees create their own festive candles and cards which have been in high demand. This allows individuals a purpose to their activity but also a sense of pride in creating something profitable that others can enjoy.



“Life Skills. Fitness. Community Projects.”

Gillingham, North Dorset

The Thorngrove day service, run from the same garden centre site as our education provision, offers a similar array of activities but also has the ability to offer further work-based activities within our garden shop, plant, animal and café areas. The service has been able to successfully enable young people to build skills and move onto paid employment where this has been an individual goal. The service offers an array of activities including; pop-up café, skittles, cycling, gym, games, crafts and various days out to supplement any work-based programmes and continues to grow in success.

We work closely with commissioners and local authority social work teams to ensure that the services continue to positively impact the those attending but also meet the need and demand of the local area.



“Work experience in real workplaces”

Example Timetables



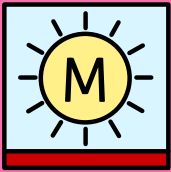
Summer



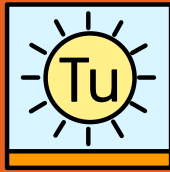
Timetable



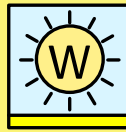
EMPLOY
MY ABILITY
Moreton



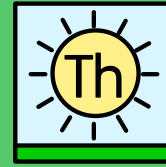
Monday



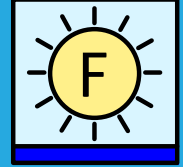
Tuesday



Wednesday



Thursday



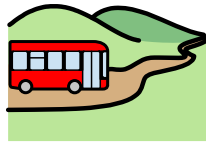
Friday



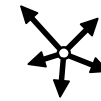
News



Sailing



Outing



All About



Me



Cooking



Sports



Swimming



Sailing



Outing



Arts

&

&



Craft



Enterprise



Summer



Timetable



Thorngrove



Monday



Tuesday



Wednesday



Thursday



Friday



Library



Animal Rescue



Social Club



Music



& Games



Pop-up



Cafe



On-Site



Work Experience



On-Site



Work Experience



On-Site



Work Experience



On-Site



Work Experience



On-Site



Gardening



Baking



Well-being



Well-being



Shopping



& Life Skills



Gym



On-Site



Work Experience



On-Site



Work Experience



On-Site



Gardening



On-Site



Life Skills



On-Site



Animals

Referrals & Funding



The majority of clients will receive funding and support from the local authority or health services, depending on their own individual needs. The first step in being able to access our adult social care services would be to have an assessment from a social worker, who will help to understand your support needs and make recommendations to meet these. Once this has been completed, if the recommendation is for day services, supported living or both. EMA are happy to complete an assessment based on our availability at the time.

The assessment will consist of us meeting with you to further understand your needs and ensure that we can safely meet them, your goals and expectations. We then offer taster sessions and visits to ensure that everyone is happy that the service is suitable for you, before beginning individualised transition work to ensure you are comfortable and settled before using the service either on a day basis or supported living arrangement.



It is important to be mindful that the local authority/ health will wish to remain involved throughout this process to ensure that the service is able to safely meet needs and so that you are able to have the relevant information on all options available to you before deciding. It will then be down to a social worker to request and agree the funding arrangements for your service. We are happy to support with this process and maintain regular contact with yourself and the local authority throughout.

If you are above the financial threshold or in receipt of a direct payment to organise your own support, we are able to make the necessary arrangements directly with you.

Organising social care services can be a worrying and challenging time and we are happy to offer support and guidance throughout. If you have any questions about the referral and funding process, please don't hesitate to contact us.

Meet the Adult Social Care Team



Craig Hutton
Head of Adult Social Care



Kirstie Telfer
Care Manager



Sam Moors
Day Service Senior



Ant Morris
Day Service Senior



Ethan Lister-Smith
Supported Living Senior



Bill Cramb
Supported Living Senior



Harry Pearce
Supported Living Senior



Looking to take the next step? Reach out today.



Find Your Future
Moreton & Gillingham, Dorset

www.employmyability.org.uk



scan me!



Phone: 01929 405685

Fax: 01929 405685

Email: asc@employmyability.org.uk

