



Preparation for Adulthood
Study Programme
Gillingham, North Dorset



IEMA

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EMA - Preparation for Adulthood Study Programme - Gillingham

Programme Overview

Our Preparation for Adulthood Programme, offered at our Gillingham campus, is designed to equip students for their next steps. The programme integrates EHCP outcomes into vocational and functional learning through personalised curriculums. We recognise that providing students with the right skills is essential to preparing them for a successful transition into adulthood. Students will focus on practical, vocational, and life skills which are tailored to each individual's needs. The programme will also work towards students developing soft skills such as confidence, independence and resilience.

The programme is delivered over 2 years, with students attending 5 days a week. All timetables will be individualised for each student so that they will have appropriate sessions throughout their week to help them achieve the agreed upon outcomes. The structured timetable includes a variety of sessions designed to support our students' development, such as:

- Functional Life Skills: Delivered as stand-alone sessions or integrated into vocational learning.
- Preparation for Adulthood Themed Learning: Health, Independent Living Skills, Employment and Next Steps, and Community Projects.
- Kitchen and Hospitality Skills: Building practical expertise to develop their independence
- Transition Opportunities: Supporting smooth progression to future pathways.
- Working Towards EHCP Outcomes: Ensuring all activities align with EHCPs

Functional Life Skills

Functional skills will continue to be integrated into the timetable, prioritising the delivery of essential skills for the students' benefit. These sessions will be either standalone sessions or seamlessly embedded into vocational learning and Preparation for Adulthood sessions. Students will be able to develop functional skills in their curriculum such as:

- **Communication skills** • **Working with money** • **Decision making** • **Travel** • **Safety**

Kitchen and Hospitality Skills

Students will benefit from learning kitchen and hospitality skills in a state of the art environment that will enhance skills and support the development of their independence. These skills are sequenced, tailored to the individual's needs, and practised regularly. Some of the kitchen and hospitality skills include:

- **Kitchen Safety & hygiene** • **Modern day cooking**
- **Making a variety of beverages** • **Cooking techniques.**

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Preparation for Adulthood

The Preparation for Adulthood sessions will focus on empowering students with the skills and knowledge needed to lead as independent and fulfilling lives as possible during their transition from education to their next steps. They will engage in activities with the community off site as well as organised events at EMA. Students will explore skills around the some of the following themes:

- Home Safety • Emergency Services • Travel • Safety in the community
- Using household goods • Buying household goods • Friendships and Relationships

Community Projects

Community projects can provide our students with valuable opportunities to engage in meaningful, real-world activities. By participating in projects within the local community, students can develop essential skills such as teamwork, communication, and problem-solving. Students will also host events with the local community of Gillingham, Shaftesbury and surrounding areas. These can range from coffee mornings with residents of care homes or hosting lunches with some of our feeder schools. Projects included are:

- Environmental and sustainability projects • Work with local residential and care homes
- Hospitality and events • Seasonal decorations • Shaftesbury in Bloom

Art, Music and Sport

Added to our Preparation for Adulthood curriculum will be art, music and sport. These have been included following student feedback expressing they wished to do more of this in their belief that it will have significant benefits for them. Art, music and sport in our curriculum offer opportunities for creative expression, emotional development, physical health, and social interaction which are crucial for students. It will be embedded into the curriculum in ways such as:

- Therapeutic art sessions • Team/individual sports • Music and movement
- Adaptive sports • Creative projects • Physical & sensory activities

EHCP Outcomes

While students are with us at EMA, we are committed to supporting their progress toward achieving their EHCP outcomes. Our curriculum is planned, designed, and tailored to meet these goals. Staff work collaboratively to ensure that outcomes are integrated into the curriculum, giving students the best opportunity to unlock and reach their full potential.

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Careers Programme



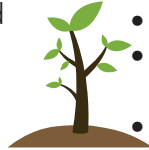
Your journey starts here!

- Referral and assessment
- Aspirations and outcomes
- EHCP outcomes mapped into curriculum



Year 1

- Baselines of skills
- PFA programme and community projects
- Next steps plan established
- Independent and impartial careers guidance
- Annual review
- Access to other providers and provisions
- Review next steps plan



Year 2

- EHCP outcomes mapped into curriculum
- Baselines of skills
- PFA programme and community projects continue
- Review next steps plans
- Transition Annual Review
- Transition plan formalised
- Planned visits to next steps providers
- Secure destination and graduate EMA



To discuss this study programme with us, arrange a tour, taster session, or just an informal chat, please do get in touch. We would love to hear from you.

Find your future

EMA, Moreton & Gillingham, Dorset



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